



Two Group 1 contests for the three-year-olds headline Friday's Royal Ascot card, with the Commonwealth Cup over six furlongs and the Coronation Stakes over a mile. Names on show include Group 1 winners **Inspiral**, **Pizza Bianca**, **Perfect Power** and **Mangoustine**.





## TIMEFIRM TIPS





13 MEDITATE









**16 QUEEN OLLY** 

### "WHAT THEY SAY"

Key quotes ahead of the **Albany Stakes** 



## **ELVENIA** Andrea Atzeni, Jockey

"She won over five at Newcastle last time out, I think the step up to six will really suit her. I spoke to the trainer on Saturday and he says she has come on a lot. She has won a novice and it depends on how much she has improved, but I'm really looking forward to getting back on her."



#### **SYDNEYARMS CHELSEA**

**Emma Spencer**, Owner

"It was a good performance at Newbury. We like her a lot and think she would hold her own at Ascot, because she was just running on raw ability when she won. I think the stiff six would suit her at Ascot. She has come out of her race very well and didn't lose much weight, and Charlie is very pleased with her."



#### **FULLY WET John Gosden**, Co-Trainer

"She delighted us when winning at Goodwood on her debut and has been pleasing in her work since."

## **EXPERT TIP**

by Simon Mapletoft



"I was at Doncaster to see IBIZA LOVE get off the mark at the second attempt in taking style. Wiser for her debut third over the minimum trip, she relished the step up to 6.5f to beat some potentially nice juveniles. This daughter of US Navy Flag possesses a high cruising speed and the stamina to see out this demanding 6f strongly and looks capable of taking the step up in class in her stride."



**SELECTION: 8 IBIZA LOVE** 

**RACF** 

## **COMMONWEALTH CUP** 6F (GROUP 1)

## TIMEFIRM TIPS

1st



4 EL CABALLO









### "WHAT THEY SAY"

Key quotes ahead of the **Commonwealth Cup** 



#### **GO BEARS GO David Loughnane**, Trainer

"He was very good at the beginning of the year. I was delighted with him in the Commonwealth Cup Trial. He's two from three at Ascot now. He had every excuse the other day at Haydock - a wheel spin coming out and he went down on his nose. He flew home from where he was. We will hopefully have our redemption here."



#### **ZAIN CLAUDETTE** Ismail Mohammed Trainer

"We have tried to do a lot of hard work with her. She is in great form, doing very well. I don't know why her odds are so big. Maybe it is because she has not run up to now, but I think when they see her declared, they will be changing those odds! She has galloped with older horses and she is flying."



#### PERFECT POWER **Richard Fahey**, Trainer

"We tried him in the Guineas and I think I was quoted as saying we were just trying to stretch the elastic band too far. He's in great order. He worked on Sunday and we were delighted with him. We're really looking forward to the race."

## **EXPERT TIP**

by John Blance



"PERFECT POWER is already a Royal Ascot winner having taken the Norfolk Stakes as a juvenile last year. The way he won on that occasion suggested he'd be better at six furlongs, and he proved that in no uncertain terms in both the Middle Park and Prix Morny subsequently. He failed to stay in the 2000 Guineas, but his run was perfectly acceptable in the circumstances, and he is the confident selection here."



**SELECTION: 9 PERFECT POWER** 

**RACE** 



# DUKE OF EDINBURGH STAKES

## TIMEFURM TIPS





17 CANDLEFORD









### "WHAT THEY SAY"

Key quotes ahead of the **Duke of Edinburgh Stakes** 



#### **SIR RUMI**

Emily Scott, Racing Manager Amo Racing

"He is a lovely horse who always runs his race. We thought after his run over a mile and six at Newmarket that a mile and a half would be a better trip for him."



## JUST FINE Ryan Moore, Jockey

"I thought he shaped very well when third on his return at York, and I would expect to come on a fair deal for that outing. You couldn't say he is obviously well handicapped, having been beaten off this mark on his last three starts, but hopefully the York run hinted at promise down the line, starting here. Quick ground suits, and I expect a good run."

(betting.betfair.com)

#### **EXPERT TIP**

by **Hugh Taylor** 



"I'm of the opinion that **TRAWLERMAN** is a pattern-calibre horse - certainly on the all-weather, and hopefully on turf, too - and with that in mind, he looks very much one to be interested in off 9st 5lb, and a BHA mark of 98. He had been off for a year prior to his win at Chelmsford in April but produced a tremendous performance that day, despite racing wide for most of the race, and my interpretation of the day's times produced a very big speed figure. His previous start had seen him finish sixth in the Sandown Classic Trial in April 2021. That race famously worked out extraordinarily well, with the first four home all ending up with ratings of 119 or higher."



**SELECTION: 6 TRAWLERMAN** 



## TIMEFIRM TIPS













### "WHAT THEY SAY"

Key quotes ahead of the Coronation Stakes



# CACHET George Boughey, Trainer

"I was delighted with her run in the French Guineas. She ran a blinder. She's done well physically again. Everyone who sees her now sees a more mature horse. She's been looking good recently and moving good. James Doyle came and sat on her at the end of last week and was delighted."



#### INSPIRAL John Gosden, Co-Trainer

"She has been very slow to come to hand and it can happen, hormonally, with some fillies in the spring; she has just taken a long time to come right and you don't want to rush them. She is pleasing us now and going the right way and she goes for the Coronation."



## MANGOUSTINE Mikel Delzangles, Trainer

"She was good and courageous in the Pouliches to beat Cachet, who is a very good filly. But she did it and she has come out of the race very well."

## **EXPERT TIP**

by **Laurent Barbarin** 



"MANGOUSTINE faces a huge challenge in a great renewal of the Coronation Stakes, but the Pouliches winner won the French Classic on merit and deserves to take her chance. She is said to have been in excellent shape prior to Ascot. She is owned by Tony Parker, a former NBA star, and with in-form veteran Gérald Mossé on board, anything can happen."



**SELECTION: 6 MANGOUSTINE** 

**RACE** 



## TIMEFIRM TIPS

1st



2nd



3rd



### "WHAT THEY SAY"

Key quotes ahead of the Sandringham Stakes



## WASHRAA Owen Burrows, Trainer

"Washraa is two from two this year. She's done nothing wrong this year and is a filly who is still learning her job. She's going to be at the right end of the weights and a mile at Ascot should suit her down to the ground."



#### WILDERNESS GIRL Andrew Balding, Trainer

"She hasn't run this year but she won a maiden at Goodwood and then was a bit disappointing in a Group 3. She has just started to look well and look better as a three-year-old."



#### HEREDIA Richard Hannon, Trainer

"The step up to a mile will definitely suit her, I think she could be a very good filly. She's come out of the race at York absolutely fine."

## **EXPERT TIP**

by **Lawrence Taylor** 



"FRESH HOPE posted a top speed figure when coming from last to first in a one mile handicap at Doncaster five weeks ago, with the form of the race having been franked since by the fifth and sixth. A lightly raced 3yo daughter of New Approach, she promises to be even more of a force over today's straight mile, and we already know that she can handle fast underfoot conditions."



**SELECTION: 25 FRESH HOPE** 

**RACE** 



# KING EDWARD VII STAKES

## TIMEFURM TIPS

1st



2nd







**4 LYSANDER** 

## "WHAT THEY SAY"

Key quotes ahead of the King Edward VII Stakes



#### OTTOMAN FLEET Charlie Appleby, Trainer

"We have been pleased with Ottoman Fleet going into this. He is the least experienced in the field but we are optimistic that stepping up to a mile and a half will see further improvement."

(godolphin.com)



#### CHANGING-OFTHEGUARD

Ryan Moore, Jockey

"He is the form horse in here after his Chester Vase win and his Derby fifth, and he clearly is the one to beat if able to reproduce those efforts after a relatively quick turnaround from Epsom. This will be the fastest ground he has faced and he does meet some lightly-raced improvers, but he holds the best credentials going into the race."



#### **SAVVY VICTORY Sean Woods**, *Trainer*

"I could not be happier with him. We had to run him quicker than we would have normally done. Chester to Newmarket was only 10 days and then we went from there. The horse, in himself, is in great form. I do like him and his work has been exceptional."

## **EXPERT TIP**

At The Races Verdict



**CHANGINGOFTHEGUARD** won as he pleased in the Chester Vase and only faded late on when forced to set faster fractions in the Derby last time. He could have competition for the lead in this, but still looks likely to come out on top on this slight drop in class.



**SELECTION: 1 CHANGINGOFTHEGUARD** 

**RACF** 



## PALACE OF HOLYROODHOUSE **STAKES**

## TIMEFURM TIPS











### "WHAT THEY SAY"

Key quotes ahead of the Palace of Holyroodhouse Stakes



#### **NYMPHADORA Andrew Balding**, Trainer

"She is a filly who won a Listed race at York last year and had some other good runs. She ran very well on her seasonal debut at Chester and, hopefully, will have an each-way chance."



## **TIPPY TOES Charlie Johnston**

Co-Trainer

"She has really improved in leaps and bounds this year. She won a listed race at Chelmsford on her first start and ran a really good race in the Sandy Lane at Haydock. We didn't know if she was up to that level, but a lot went wrong but she still finished sixth and acquitted herself pretty well. She worked on Friday and is in good form."



#### **RUTHIN** Wesley Ward, Trainer

"The owner is really excited about getting whatever we can to Ascot so she warranted going there after her last win. I believe Ruthin will be better at five furlongs than five and a half, so she's going to have a good showing."

## **EXPERT TIP**

by **Lawrence Taylor** 



"LOVES ME LIKEAROCK has run a couple of solid races in defeat at Newmarket since returning in April. Today's drop back to five furlongs and predicted strong pace should suit this 3yo daughter of Lethal Force well, while the faster underfoot conditions shouldn't be a bother to her. Generally available at double figure odds at the time of writing, those odds or bigger should be taken."



**SELECTION: 18 LOVES ME LIKEAROCK**